



Mild head injury checklist:

A mild had injury checklist is helpful in recognizing the client who may suffer some residual disability from mild head injury and who may be a candidate for further testing.

Symptoms frequently found in connection with mild head trauma, even without loss of consciousness, include:

- Confusion of mental state
- Apparent depression
- Social withdrawal, often characterized as apathy
- Dizziness
- Headache
- Nausea
- Vomiting
- Sleeping at abnormal times of the day
- Sleep disturbances
- Impairment of attention and concentration
- Disruption in memory and learning processes
- Irritability
- Lowered frustration tolerance
- Mental and physical fatigability
- Decreased tolerance for noise
- Decreased toleration for exertion or stress

CLIENT _____

DATE: _____

Source: American Jurisprudence Proof of Facts, 2d Series

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